

Intensive

Lash Lift Quick Guide



A *STEP-BY-STEP-INSTRUCTION* FOR LASH LIFTING USING

THE BIOSMETICS EYELASH LIFTING AND PERMING SYSTEM “LASHPEARL” AND

INTENSIVE MADE IN GERMANY BY BIOSMETICS

FOR PROFESSIONALS ONLY!



ESSENTIAL FACTS – BEFORE THE ACTION STARTS

The *Biosmetics* Lash Lifting System has been created for professional use only!

Only well-educated and experienced professionals should apply a lash lift since this treatment requires essential skills, abilities and competent knowledge of anatomy, dermatology and hygienics etc. Also, a professional has to

- be informed about all health laws and regulations within the region in which the service will be provided.
- comply with all consumer laws/regulations and occupational Health & Safety laws within the region in which the service will be provided.



PRODUCTS REQUIRED TO PERFORM TREATMENT

- *Biosmetics* **EYELASH PERM & LIFT Cream No 1 – Waving Lotion**
- *Biosmetics* **EYELASH PERM & LIFT Cream No 2 – Neutralizer**
- *Biosmetics* **EYELASH PERM & LIFT Cream No 3 – Conditioning Lash Food Lotion**
- *Biosmetics* **Moisturising Pen**

- *Intensive* **Eye Make-Up Remover Foam**
- *Intensive* **Relaxing Eye Cream**
- *Intensive* **Porcelain Mix Bowl**

- *Biosmetics* **Lash Lift Pads (Size S, M, L)**
- *Biosmetics* **Disposable Mascara Wands**
- *Biosmetics* **Aloe Eye Gel Patches**
- *Biosmetics* **Lash Bond**
- *Biosmetics* **Y-Brush**
- *Biosmetics* **Eyelash Separating Tool**
- *Biosmetics* **Microbrushes**
- *Biosmetics* **Lash Wiper – Lotion wiping brush**

- *3M Tape*
- *Cotton pads, swabs and damp cotton buds, lint free*
- *Gloves*
- *Head band (for client)*
- *Timer, towels and a cozy blanket*

Recommended (optional), for add-on tinting treatment:

- *Intensive* **Tint** (deep black or blue black)
- *Intensive* **Cream Developer Oxidant**
- *Intensive* **Tinting Brush – round tip**
- *Intensive* **Tint Remover**



PROCEDURE – STEP BY STEP

The treatment time varies depending on the individual client’s lashes. Please note that the larger pads offer a softer more natural curl where a small pad will provide a more dramatic curl. If you use the Intensive sachets, please note that the sachets need to be gently massaged before opening.

Preparation

- **Please, gently massage the sachets before opening!**
- Complete client data record and make sure that client is not wearing contact lenses.
- Position client comfortably, have her or him lie down, offer a cozy blanket.
- Protect client’s hair with a head band and drape a towel or bed roll over the client’s upper body to protect clothing and sanitize your hands.
- Remove any traces of makeup from eyelids and eye area using the *Intensive Eye Make-up Remover Foam* and a clean cotton pad.
- If desired, take a before photograph.
- Choose the appropriate *Intensive Silicone Pads* (S,M or L), trimming to fit as required (see description in previous chapter).
- Ask your client to look upwards to place an *Biosmetics Aloe Eye Gel Patch* under each eye ensuring clients bottom lashes are secured under them while the upper lashes rest on the silicone pad.



The adhesive *Biosmetics Aloe Eye Gel Patch* is designed to protect the sensitive lower lid area during lash tinting and lifting treatments. Aloe extracts and Vitamin C ensure a moisturizing effect and leave the skin feeling refreshed. The extra thin patches are lint free, smooth and easy to work with.



- Ask your client to close eyes and comb through the lashes using a Biosmetics Disposable Mascara Wand, put the mascara wand to the side for later.

- **Inform your client that her/his eyes need to be closed as from now!**

- Apply a few drops of Biosmetics Lash Bond to the back of the Biosmetics Silicone pads and place in position on the eyelids very close to the root. Hold in place for 20 seconds until the pads adhere to the lids. Now, begin at the outer corner of the eyelid applying the lash bonder



on the pad in small sections and lift the lashes from the root by using the Biosmetics Y-Brush. The Biosmetics Eyelash Separating Tool will help you to separate and to tauten the lashes carefully onto the Pad. Hold the lashes in place until they stick. Step by step, section by



section and lash by lash ensuring not to cross the lashes. Gradually move along the pad until all lashes are bonded onto the silicone pad. In this step a speedy and concentrated work with great precision and diligence is of crucial importance for the lifting result.

Application of *Biosmetics* PERM & LIFT Cream No 1 – Waving Lotion

- **Please knead the sachet No 1 before opening** and then press the waving lotion into the attractively shaped, handy Intensive Porcelain Mixing Bowl. Then apply a small amount of this waving cream from root to the centre of the lashes (to 1/3 up the lash) by using a Biosmetics Microbrush. Please ensure NOT to soak the whole lash from root to the tip.



Processing time:

Very fine lashes:	4-5 minutes
Fine or tinted lashes:	5-6 minutes
Natural healthy lashes:	6-8 minutes
Course healthy lashes:	9-10 minutes



- Remove waving lotion by using a *Biosmetics* Lash Wiper (These lotion wiping brushes are designed to wipe off the lifting Lotions Cream No 1 and No 2 with a gentle twist-pull motion.)
- Brush out the lotion carefully not to wet the lash tips, continue procedure until the lashes get dry and clean. Do NOT use any water or linty applicators!
- **In case single (baby) lashes peel off from the Silicone Pads use a 3M Tape to leave them in place. If needed, use some Lash Bond to put them in correct position, again.**

Application of *Biosmetics* PERM & LIFT Cream No 2 – Neutralizer

- Please open sachet No 2 and press the neutralizer into the clean part of the *Intensive Porcelain Mixing Bowl*. Then apply a small amount of the neutralizer again from root to the centre of the lashes (where the waving lotion was applied) by using a new Microbrush.

Processing time:

Very fine, fine and tinted lashes: **5 minutes**

Natural healthy and course healthy lashes: **6 minutes**

- Remove waving lotion by using a *Biosmetics* Lash Wiper, comb the lashes with a gentle twist-pull motion. Again, do not use any water or linty applicators.

Recommended Colour Boost. If desired, please tint the lashes at this point of treatment:

- Prepare chosen colour of *Intensive* tint and apply by using the *Biosmetics tinting brush* with round tip.
- Remove the tint after 3-5 minutes using a new Lash Wiper.

Application of *Biosmetics* PERM & LIFT Cream No 3 – Conditioning Lash Food Lotion and the *Biosmetics* Lash Moist Pen

- Please open sachet No 3 and apply *Biosmetics Moisturising and Conditioning Lash Food Lotion* on the lashes, gently releasing the lashes from the Silicone Pad. If needed, use a new Microbrush.
- Apply a little bit of *Intensive Relaxing Eye Cream* or Cream No 3 to the eyelid under the Silicone Lash Pads using a new Microbrush, gently releasing the Pads from the eye lid, use a clean cotton bud to remove excess cream from the eyelid.
- Remove the *biosmetics Aloe Eye Gel Patches* (if you haven't already done so) and comb lashes **up** using a new Mascara wand and **explain IMPORTANT aftercare to client , give her/him a printed copy to take away along with the *Intensive Moisturising Pen* for daily care.**



IMPORTANT AFTERCARE

The aftercare advice is given to ensure fully understand what should and should not be done 24-48 hours post treatment for longevity of the *Intensive* Lash Lift treatment results.

- **Use the *Biosmetics* Moisturising Pen daily, comb your lashes upwards only!**
- Keep lashes dry for 24-48 hours!
- Do not apply any make-up or receive any other eye treatment for least 24-48 hours after your treatment.
- Avoid rubbing the eyes.
- Avoid putting contact lenses back in for 24-48 hours.
- Avoid swimming/sauna/sweating for 24-48 hours.
- Comb the lashes (only) upwards.
- If any stinging or swelling occurs, keep applying a cold dampened cotton pad or cold compress. If it persists seek medical advice!

If the aftercare guidelines are followed with utmost care the *Biosmetics* Las Lift treatment results can last 4-6 weeks.



